

Friday 29th January, 2021

RE: Safeguarding News and Updates.

Dear Parent/ Carer,

I am writing to you to update you on some of the safeguarding procedures and information we have been working on during the last 4 weeks. It is vital for pupils to keep in touch with school, keep in a routine and engage with learning. This approach supports emotional wellbeing, maintains support from the appropriate professionals and will ultimately make the return to face to face schooling far easier.

If we see that pupils are not engaging with their learning, we will call or email you to check that all is well. This is meant to be a supportive measure. If we are unable to reach you, after several attempts, we may do a home visit. We will only do this if we have no other way of contacting you. We will only be checking wellbeing from a suitable social distance.

If you require any support with any aspect of your child's learning or wellbeing, please do contact the school via the appropriate year team, the concerns email (concerns@hdhs.school) or the Whisper button at the bottom of the school webpage:



Safe in Essex (support for parents )

The Children's Society has a variety of online sessions via Microsoft Teams to support you during this period of home learning. Safe in Essex supports young people who are engaging in low-level risky behaviour. They can help with anger management, healthy relationships, online safety and more. Please go to:

[www.childrenssociety.org.uk/east/services/safe-in-essex](http://www.childrenssociety.org.uk/east/services/safe-in-essex)

Mental Health and Emotional Wellbeing Month:

We are running some extra events for the month of February as you will have noticed from my previous letter. Just to remind you of the weekly **Emotional Health and Welfare Drop-In** on Thursday 4th and Thursday 11th February online from 9.30-11am. Details can also be located on our Facebook page or you can email: studenthealthsafeguarding@hdhs.school to book a place.

Online Safety Resources:

Right now, pupils will be spending more time online, so we've got advice to help you keep them safe during lockdown and beyond. Go to: <https://www.net-aware.org.uk/>

National helplines:

The following also provide support and guidance:

National Domestic Violence Helpline - 0808 2000 247

National LGBT+ Domestic Abuse Helpline - 0800 999 5428

Respect - 0808 802 4040

Men's Advice Line - 0808 801 0327

Shelter - 0800 800 4444

NSPCC Helpline - 0808 800 5000

ChildLine - 0800 1111

Samaritans - 116 123

As ever, please do not hesitate to contact us if you have any questions or queries.

Yours faithfully,

J. W. Loten  
Deputy Headteacher and Designated Safeguarding Lead