

Dear Parent/ Carer,

RE: November Safeguarding Update

I write to update you on the following important safeguarding themes to assist in keeping your child safe and well.

The link below will take you to the Childnet website providing updated information for parents and young people on risky behaviour and how to maintain online safety using a handy 'Parent and Carer Toolkit'.

<http://briefing.safeguardingschools.co.uk/lt.php?s=1715d2a75a7b13de53395606be9044e0&i=81A108A5A798>

Increasingly we see that children are missing school due to anxiety which appears to be a national problem. Whilst this can be a worrying time for all, we have found that the most successful strategy is parents working together with the school to plan support which enables students to attend school regularly even in challenging mental health circumstances. If your child is experiencing difficulties, please don't wait, talk to school immediately. The links below provide further advice in this area.

<https://www.nhs.uk/conditions/stress-anxiety-depression/anxiety-in-children>

<https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-school-refusal>

Finally, we will be launching a 'Student Health and Care' surgery on 21st November 2019 9.30 - 11am to support parents with any health or safeguarding issues your son/ daughter may be experiencing.

As ever, we are available to provide support and advice should you require this.

Yours faithfully,

A handwritten signature in black ink that reads "James Loten". The signature is written in a cursive style and is positioned above a horizontal line.

J. W. Loten
Deputy Headteacher